

Chapter 2. The Bridge: Special Relativity to General Relativity

1	
2	
3	2.1 Local Inertial Frame 2-1
4	2.2 Flat Maps: Local Patches on Curved Surfaces 2-3
5	2.3 Global Coordinate System on Earth 2-6
6	2.4 Motion of a Stone in Curved Spacetime 2-10
7	2.5 Global Spacetime Metric in Curved Spacetime 2-13
8	2.6 The Difference between Space and Spacetime 2-15
9	2.7 Dialog: Goodbye “Distance.” Goodbye “Time.” 2-17
10	2.8 References 2-21

- 11 • *How can I get rid of gravity? (Do not try this at home!)*
- 12 • *Kansas is on a curved Earth; why can we use a flat road map of Kansas?*
- 13 • *How can I find the shortest path between two points on a curved surface?*
- 14 • *How does a stone move in curved spacetime?*
- 15 • *What is the fundamental difference between space and spacetime?*

CHAPTER

2

The Bridge: Special Relativity to General Relativity

Edmund Bertschinger & Edwin F. Taylor *

17 *Law 1. Every body perseveres in its state of being at rest or of*
18 *moving uniformly straight forward except insofar as it is*
19 *compelled to change its state by forces impressed.*

20 —Isaac Newton

21 *At that moment there came to me the happiest thought of my*
22 *life . . . for an observer falling freely from the roof of a house no*
23 *gravitational field exists during his fall—at least not in his*
24 *immediate vicinity. That is, if the observer releases any objects,*
25 *they remain in a state of rest or uniform motion relative to*
26 *him, respectively, independent of their unique chemical and*
27 *physical nature. Therefore the observer is entitled to interpret*
28 *his state as that of “rest.”*

29 —Albert Einstein

2.1 ■ LOCAL INERTIAL FRAME

31 *We can always and (almost!) anywhere “let go” and drop into a local inertial frame.*

No force of gravity
in inertial frame

32 Law 1 above, Newton’s First Law of Motion, is the same as our definition of
33 an inertial frame (Definition 1, Section 1.1). For Newton, gravity is just one of
34 many forces that can be “impressed” on a body. Einstein, in what he called
35 the happiest thought of his life, realized that on Earth, indeed as far as we
36 know *anywhere in the Universe*—except on the singularity inside the black
37 hole—we can find a local “free-fall” frame in which an observer does not feel
38 gravity. We understand instinctively that *always* and *anywhere* we can remove

Local inertial frame
available anywhere

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2-2 Chapter 2 The Bridge: Special Relativity to General Relativity



FIGURE 1 Vito Ciaravino, a University of Michigan student, experiences weightlessness as he rides the Vomit Comet. NASA photo.

39 the floor or cut the cable that holds us up and immediately drop into a **local**
 40 **inertial frame**. *There is no force of gravity* in Einstein’s inertial frame—“at
 41 least not in his immediate vicinity.”

In curved spacetime
 inertial frame is local.

42 Einstein’s phrase “in his [the observer’s] immediate vicinity” brings a
 43 warning: Generally, an inertial frame is *local*. Section 1.11 showed that tidal
 44 effects can limit the extent of distances and times measured in a frame in
 45 which special relativity is valid and correctly describes motions and other
 46 observations.

Inertial frame \equiv
 free-fall frame

47 We call a local inertial frame a *free-fall frame*, even though from some
 48 viewpoints the frame may not be falling. A rising rocket immediately after
 49 burnout above Earth’s atmosphere provides a free-fall frame, even while it
 50 continues temporarily to climb away from the surface. So does an unpowered
 51 spaceship in interstellar space, which is not “falling” toward anything.

Laws of physics
 identical in every
 inertial frame.

52 Vito Ciaravino (Figure 1) floats freely inside the Vomit Comet, a NASA
 53 model C9 cargo plane guided to follow, for 25 to 30 seconds, the same
 54 trajectory above Earth’s surface that a free projectile would follow in the
 55 absence of air resistance (Figure 2). As Vito looks around inside the cabin, he
 56 cannot tell whether his local container is seen by people outside to be rising or
 57 falling—or tracing out some other free-fall orbit. Indeed, he might forgetfully
 58 think for a moment that his capsule is floating freely in interstellar space. The
 59 Principle of Relativity tells us that the laws of physics are the same in *every*
 60 free-fall frame.

61 Newton claims that tidal accelerations are merely the result of the
 62 variation in gravity’s force from place to place. But Einstein asserts: *There is*
 63 *no such thing as the force of gravity*. Rather, gravitational effects (including
 64 tides) are evidence of spacetime curvature. In Chapter 3 we find that tides are

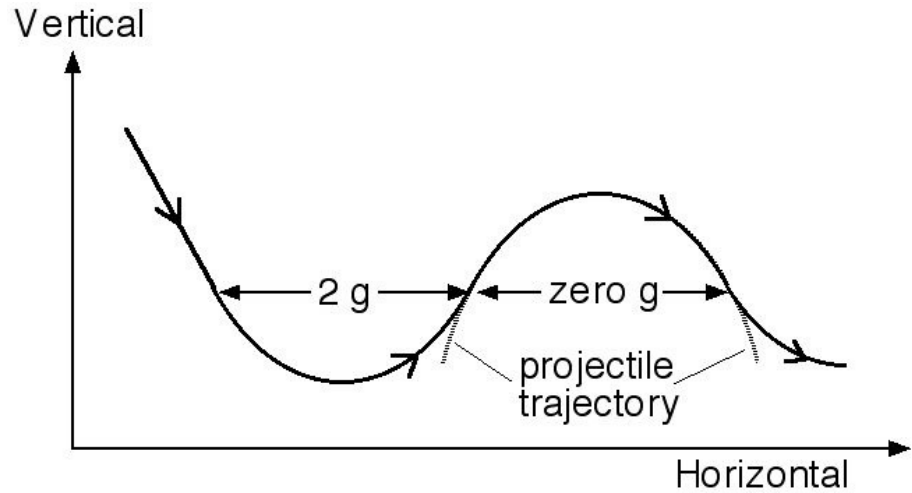


FIGURE 2 Trajectory followed by the Vomit Comet airplane above Earth’s surface. Portions of the trajectory marked “2 g ” and “zero g ” are parabolas. During the zero- g segment, which lasts up to 30 seconds, the plane is guided to follow the trajectory of a free projectile in the absence of air resistance. By guiding the plane through different parabolic trajectories, the pilot can (temporarily!) duplicate the gravity on Mars (one-third of g on Earth) or the Moon (one-sixth of g on Earth).

Spacetime curvature has many effects.

Curved surface compared to curved spacetime

65 but one consequence of spacetime curvature. Many effects of curvature cannot
 66 be explained or even described using Newton’s single universal frame in which
 67 gravity is a force like any other. General relativity is not just an alternative to
 68 Newton’s laws; it bursts the bonds of Newton’s vision and moves far beyond it.
 69 Flat and curved surfaces in *space* can illuminate, by analogy, features of
 70 flat and curved *spacetime*. In the present chapter we use this analogy between
 71 a flat or curved surface, on the one hand, and flat or curved spacetime, on the
 72 other hand, to bridge the transition between special relativity (SR) and
 73 general relativity (GR).

2.2. ■ FLAT MAPS: LOCAL PATCHES ON CURVED SURFACES

75 *Planning short and long trips on Earth’s spherical surface*

General relativity sews together local inertial frames.

76 Spacetime curvature makes it impossible to use a single inertial frame to relate
 77 events that are widely separated in spacetime. General relativity makes the
 78 connection by allowing us to choose a *global coordinate system* that effectively
 79 sews together local inertial frames. General relativity’s task is similar to yours
 80 when you lay out a series of adjacent small flat maps to represent a long path
 81 between two widely separated points on Earth. We now examine this analogy
 82 in detail.

Flat Kansas map “good enough” for local traveler.

83 Figure 3 is a flat road map of the state of Kansas, USA. Someone who
 84 plans a trip within Kansas can use the **map scale** at the bottom of this map
 85 to convert centimeters of length on the map between two cities to kilometers

2-4 Chapter 2 The Bridge: Special Relativity to General Relativity



FIGURE 3 Road map of the state of Kansas, USA. Kansas is small enough, relative to the entire surface of Earth, so that projecting Earth’s features onto this flat map does not significantly distort separations or relative directions. (Copyright geology.com)

86 that he drives between these cities. The map reader has confidence that using
 87 the same map scale at different locations in Kansas will not lead to significant
 88 errors in predicting separations between cities—because “flat Kansas”
 89 conforms pretty well to the curved surface of Earth. Figure 4 shows a flat
 90 patch bigger than Kansas on which map distortions will still be negligible for
 91 most everyday purposes. In contrast, at the edge of Earth’s profile in Figure 4
 92 is an edge-on view of a much larger flat surface. A projection from the rounded
 93 Earth surface onto this larger flat surface inevitably leads to some small
 94 distortions of separations compared to those actually measured along the
 95 curved surface of Earth. We define a **space patch** as a flat surface on which a
 96 projected map is sufficiently distortion-free for whatever purpose we are using
 97 the map.

DEFINITION 1. Space patch

Definition:
space patch

98 A **space patch** is a flat surface purposely limited in size so that a map
 99 projected onto it from a curved surface does not result in significant
 100 distortions of separations between locations for the purpose of a given
 101 measurement or journey.
 102

Single flat map
 not accurate for
 a long trip.

103 Let’s plan an overland trip along a path that we choose between the city
 104 of Amsterdam in the Netherlands and the city of Vladivostok in Siberia. We
 105 recognize that on a single flat map the path of our long trip will be distorted.
 106 How then do we reckon the trip length from Amsterdam to Vladivostok? This
 107 total length for a long trip across much of the globe can be estimated using a
 108 series of local flat maps on slightly overlapping space patches (Figure 5). We
 109 sum the short separations across these small flat maps to reckon the total
 110 length of the long, winding path from Amsterdam to Vladivostok.

111 On each local flat map we are free to fix positions using a square array of
 112 perpendicular coordinates (“Cartesian coordinates”) in north-south

Section 2.2 Flat Maps: LOCAL Patches on Curved Surfaces 2-5

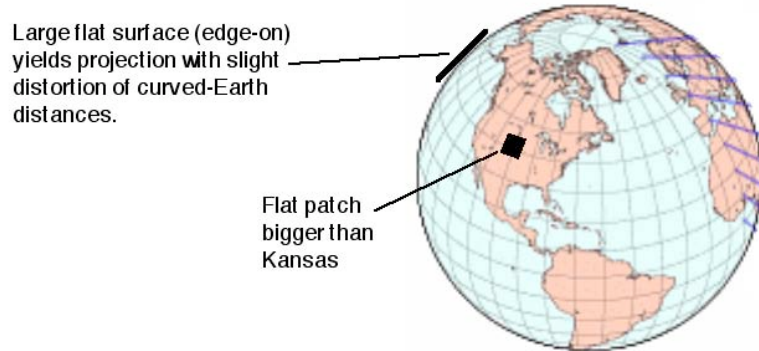


FIGURE 4 Small space patch and large flat plane tangent to Earth's surface. Projecting Earth's features onto the large flat plane can lead to distortion of those features on the resulting flat map. For precise mapmaking, the larger surface does not satisfy the requirements of a *space patch*.

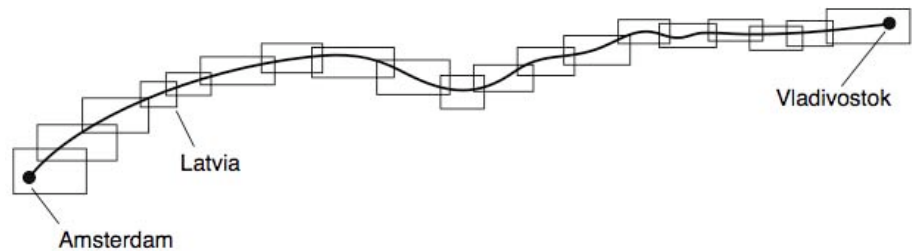


FIGURE 5 To reckon the total length of the path between Amsterdam and Vladivostok, sum the short separations across a series of small, overlapping, flat maps lined up along our chosen path. One of these small, flat maps covers all of Latvia. The smaller each map is—and the greater the total number of flat maps along the path—the more accurately will the sum of measured distances across the series of local maps represent the actually-measured total length of the entire path between the two cities.

On each small flat map, use the Pythagorean Theorem.

113 (*y*-coordinate) and east-west (*x*-coordinate) directions applied to that
 114 particular patch, for example on our regional map of Latvia. The distance or
 115 space separation between two points, Δs_{Latvia} , that we calculate using the
 116 Pythagorean Theorem applied to the flat Latvian map is *almost equal* to the
 117 separation that we would measure using a tape measure that conforms to
 118 Earth's curved surface. Use the name **local space metric** to label the local,
 119 approximate Pythagorean theorem:

$$\Delta s_{\text{Latvia}}^2 \approx \Delta x_{\text{Latvia}}^2 + \Delta y_{\text{Latvia}}^2 \quad (\text{local space metric on Latvian patch}) \quad (1)$$

2-6 Chapter 2 The Bridge: Special Relativity to General Relativity

Δ means increment, a finite but small separation.

Comment 1. Notation for Approximate Metrics
 Equation (1) displays the notation that we use throughout this book for an approximate metric on a flat patch. First, the symbol capital delta, Δ , stands for **increment**, a measurable but still small separation that gives us “elbow room” to make measurements. This replaces the unmeasurably small quantity indicated by the zero-limit calculus differential d . Second, the approximately equal sign, \approx , acknowledges that, even though our flat surface is small, projection onto it from the curved surface inevitably leads to some small distortion. Finally, the subscript label, such as “Latvia,” on each incremental variable names the local patch.

We order flat maps from each nation through which we travel from Amsterdam to Vladivostok and measure little separations on each map (Figure 5). In equation (1), from our choice of axes, Δy_{Latvia} aligns itself with a great circle that passes through the north geographic pole, while Δx_{Latvia} lies in the perpendicular east-west direction.

Geographic north and magnetic north yield same Δs .

On a more ancient local flat map, the coordinate separation $\Delta y_{\text{Latvia,rot}}$ may lie in the direction of magnetic north, a direction directly determined with a compass. Choose $\Delta x_{\text{Latvia,rot}}$ to be perpendicular to $\Delta y_{\text{Latvia,rot}}$. Then in rotated coordinates using magnetic north the same incremental separation between points along our path is given by the alternative local space metric

$$\Delta s_{\text{Latvia}}^2 \approx \Delta x_{\text{Latvia,rot}}^2 + \Delta y_{\text{Latvia,rot}}^2 = \Delta x_{\text{Latvia}}^2 + \Delta y_{\text{Latvia}}^2 \quad (2)$$

Pythagorean Theorem valid on rotated flat maps.

These two local maps are rotated relative to one another. But the value of the left side is the same. Why? First, because the value of the left side is *measured directly*; it does not depend on any coordinate system. Second, the values of the two right-hand expressions in (2) are equal because the Pythagorean theorem applies to all flat maps. *Conclusion:* Relative rotation does not change the predicted value of the incremental separation Δs_{Latvia} between nearby points along our path. So when we sum individual separations to find the total length of the trip, we make no error when we use a variety of maps if their only difference is relative orientation toward north.

2.3. GLOBAL COORDINATE SYSTEM ON EARTH

Global space metric using latitude and longitude

Use latitude and longitude.

A professional mapmaker (cartographer) gently laughs at us for laying side by side all those tiny flat maps obtained from different and possibly undependable sources. She urges us instead to use the standard global coordinate system of latitude and longitude on Earth’s surface (Figure 6). She points out that a hand-held Global Positioning System (GPS) receiver (Chapter 4) verifies to high accuracy our latitude and longitude at any location along our path. Combine these readings with a global map—perhaps already installed in the GPS receiver—to make easy the calculation of differential displacements ds on each local map, which we then sum (integrate) to predict the total length of our path.

Section 2.3 Global Coordinate System on Earth 2-7

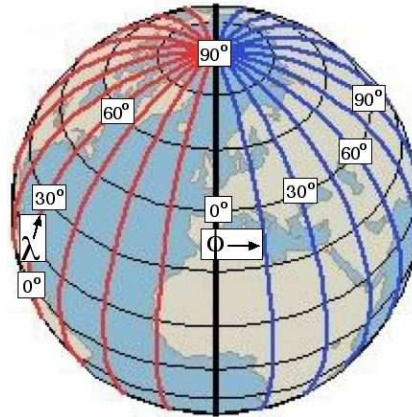


FIGURE 6 Conventional global coordinate system for Earth using angles of latitude λ and longitude ϕ .

Space metric in global coordinates

160 What price do we pay for the simplicity and accuracy of latitude and
 161 longitude coordinates? Merely our time spent receiving a short tutorial on the
 162 surface geometry of a sphere. Our cartographer lays out Figure 6 that shows
 163 angles of latitude λ and longitude ϕ , then gives us a third version of the space
 164 metric—call it a **global space metric**—that uses global coordinates to
 165 provide the same incremental separation ds between nearby locations as does a
 166 local flat map:

$$ds^2 = R^2 \cos^2 \lambda d\phi^2 + R^2 d\lambda^2 \quad (0 \leq \phi < 2\pi \text{ and } -\pi/2 \leq \lambda \leq +\pi/2) \quad (3)$$

Global space metric contains coordinates as well as differentials.

167 Here R is the radius of Earth. For a quick derivation of (3), see Figure 7.
 168 Why does the function $\cos \lambda$ appear in (3) in the term with coordinate
 169 differential $d\phi$? Because north and south of the equator, curves of longitude
 170 converge toward one another, meeting at the north and south poles. When we
 171 move 15° of longitude near the equator we travel a much longer east-west path
 172 than when we move 15° of longitude near the north pole or south pole. Indeed,
 173 very close to either pole the traveler covers 15° of longitude when he strolls
 174 along a very short east-west path.

175 **RIDDLE:** A bear walks one kilometer south, then one kilometer east, then
 176 one kilometer north and arrives back at the same point from which she
 177 started. Three questions:

- 178 1. What color is the bear?
- 179 2. Through how many degrees of longitude does the bear walk eastward?
- 180 3. How many kilometers must the bear travel to cover the same number of
- 181 degrees of longitude when she walks eastward on Earth's equator?

182 The global space metric (3) is powerful because it describes the differential
 183 separation ds between adjacent locations *anywhere* on Earth's surface.

2-8 Chapter 2 The Bridge: Special Relativity to General Relativity

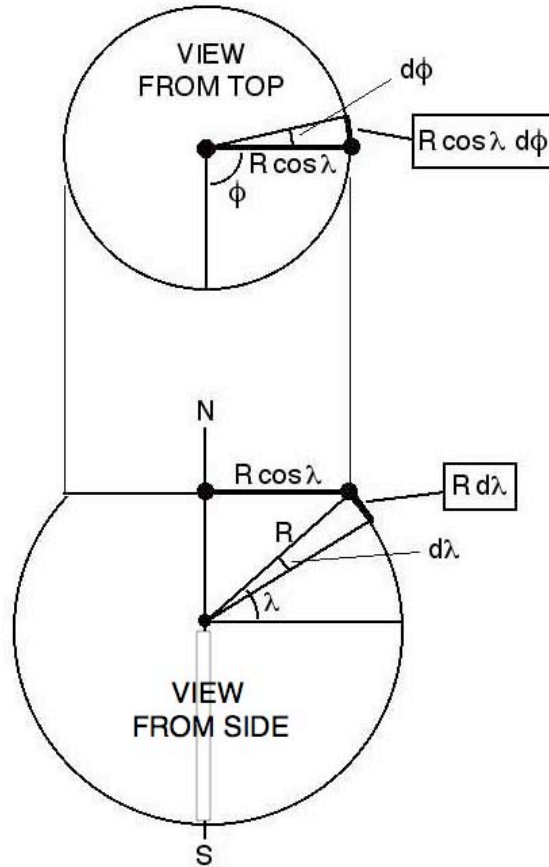


FIGURE 7 Derive the global space metric (3), as the sum of the squares of the north-south and east-west sides of a little box on Earth's surface. The north-south side of the little box is $Rd\lambda$, where R is the radius of Earth and $d\lambda$ is the differential change in latitude. The east-west side is $R \cos \lambda d\phi$. The global space metric (3) adds the squares of these sides (Pythagorean Theorem!) to find the square of the differential separation ds^2 across the diagonal of the little box.

Adapt global metric on a small patch . . .

184 However, we still want to relate global coordinates to a local measurement
 185 that we make anywhere on Earth. To achieve this goal, recall that on every
 186 space patch Earth's surface is effectively flat. On this patch we apply our
 187 comfortable local Cartesian coordinates, which allow us to use our
 188 super-comfortable Pythagorean Theorem—but only locally!

189 For example the latitude λ does not vary much across Latvia, so we can
 190 use a constant (average) $\bar{\lambda}$. Then we write:

Section 2.3 Global Coordinate System on Earth **2-9**

$$\begin{aligned} \Delta s_{\text{Latvia}}^2 &\approx R^2 \cos^2 \bar{\lambda} \Delta \phi^2 + R^2 \Delta \lambda^2 && \text{(in or near Latvia)} && (4) \\ &\approx \Delta x_{\text{Latvia}}^2 + \Delta y_{\text{Latvia}}^2 \end{aligned}$$

... to make
a local metric
with Cartesian
coordinates.

191 In the first line of (4) the coefficient R^2 is a constant. (We idealize the Earth
192 as a sphere with the same radius to every point on its surface.) Then the
193 coefficient $R^2 \cos^2 \bar{\lambda}$ is also constant, but in this case only across the local
194 patch with average latitude $\bar{\lambda}$. Oh, joy! Constant coefficients allow us to define
195 local Cartesian frame coordinates that lead to the second line in equation (4):

$$\Delta x_{\text{Latvia}} \equiv R \cos \bar{\lambda} \Delta \phi \quad \text{and} \quad \Delta y_{\text{Latvia}} \equiv R \Delta \lambda \quad \text{(in or near Latvia)} \quad (5)$$

196 Over and over again in this book we go from a global metric to a local
197 metric, following steps similar to those of equations (4) and (5).

198 **Comment 2. No reverse transformation**

199 *Important note: This global-to-local conversion cannot be carried out in reverse. A*
200 *local metric tells us nothing at all about the global metric from which it was derived.*
201 *The reason is simple and fundamental: A space patch is, by definition, flat: it carries*
202 *no information whatsoever about the curvature of the surface from which it was*
203 *projected.*

Integrate differential
separation ds to
calculate exact
length of long path.

204 Global space metric (3) provides only the differential separation ds
205 between two adjacent points that have the “vanishingly small” separation
206 demanded by calculus. To predict the measured length of a path from
207 Amsterdam to Vladivostok, use integral calculus to integrate (“sum”) this
208 differential ds along the entire path. *Calculus advantage:* Because all
209 increments are vanishingly small (for which each differential patch of Earth
210 has, in this limit, no curvature at all), their integrated sum—the total
211 length—is completely accurate. Similarly, when we use local space metrics (1)
212 or (2) to approximate the total length, we sum the small separations across
213 local maps, each of which is confined to a single patch. *Multiple-patch*
214 *advantage:* We can use Cartesian coordinates to make direct local
215 measurements, then simply sum our results to obtain an approximate total
216 distance.

Find shortest path

217 Suppose that our goal is to find a path of shortest length between these
218 two cities. Along our original path, we move some of the intermediate points
219 perpendicular to the path and recalculate its total length, repeating the
220 calculus integration or summation until any alteration of intermediate
221 segments no longer decreases the total path length between our fixed end
222 locations, Amsterdam and Vladivostok. We say that the path that results from
223 this process has the shortest length of all neighboring paths between these two
224 cities on Earth. Everyone, using any global coordinate system or set of local
225 frame coordinates whatsoever, agrees that we have found the path of shortest
226 length near our original path.

Use any global
coordinate system
whatsoever.

227 Does Earth care what global coordinate system we use to indicate
228 positions on it? Not at all! An accident of history (and international politics)

2-10 Chapter 2 The Bridge: Special Relativity to General Relativity

229 fixed the zero of longitude at Greenwich Observatory near London, England. If
 230 Earth did not rotate, there would be no preferred axis capped by the north
 231 pole; we could place this pole of global coordinates anywhere on the surface.

Squiggly global
 coordinates lead to
 same predictions.

232 No one can stop us from abandoning latitude and longitude entirely and
 233 constructing a global coordinate system that uses a set of squiggly lines on
 234 Earth’s surface as coordinate curves (subject only to some simple requirements
 235 of uniqueness and smoothness). That squiggly coordinate system leads to a
 236 global space metric more complicated than (3), but one equally capable of
 237 providing the invariant differential separation ds on Earth’s surface—a
 238 differential separation whose value is identical for *every* global coordinate
 239 system. *We can use the global space metric to translate differences in*
 240 *(arbitrary!) global coordinates into measurable separations on a space patch.*

Many global metrics
 for the surface of
 a given potato

241 Generalize further: Think of a potato—or a similarly odd-shaped asteroid.
 242 Cover the potato with an inscribed global coordinate system and derive from
 243 that coordinate system a space metric that tells us the differential separation
 244 ds between any two adjacent points on the potato. Typically this space metric
 245 will be a function of coordinates as well as of coordinate differentials, because
 246 the surface of the potato curves more at some places and curves less at other
 247 places. Then change the coordinate system and find another space metric. And
 248 again. *Every* global space metric gives the *same* value of ds , the *invariant*
 249 *(measurable) separation between the same two adjacent points on the potato.*

Everyone agrees
 on the total length
 of a given path.

250 Next draw an arbitrary continuous curve connecting two points far apart
 251 on the potato. Use any of the metrics again to compute the total length along
 252 this curve by summing the short separations between each successive pair of
 253 points. *Result:* Since every global space metric yields the same incremental
 254 separation between each pair of nearby points on that curve, it will yield the
 255 same total length for a given curve connecting two distant points on that
 256 surface. *The length of the curve is invariant; it has the same value whatever*
 257 *global coordinate system we use.*

Everyone agrees
 that a given path
 is shortest.

258 Finally, find a curve with a shortest total length along the surface of Earth
 259 between two fixed endpoints. Since every global space metric gives the same
 260 length for a curve connecting two points on the surface, therefore every global
 261 space metric leads us to this same path of minimum length near to our original
 262 path.

263 One can draw a powerful analogy between the properties of a curved
 264 surface and those of curved spacetime. We now turn to this analogy.

2.4 ■ MOTION OF A STONE IN CURVED SPACETIME

266 *A free stone moves so that its wristwatch time along each segment of its worldline is*
 267 *a maximum.*

268 Relativity describes not just the separation between two nearby *points* along a
 269 traveler’s *path*, but the *spacetime* separations between two nearby *events* that
 270 lie along the *worldline* of a moving stone. Time and space are inexorably tied
 271 together in the observation of motion.

Section 2.4 Motion of a Stone in Curved Spacetime 2-11

Stone follows
a straight worldline
in local inertial frame.

272 How does a free stone move? We know the special relativity answer: With
273 respect to an inertial frame, a free stone moves along a straight worldline, that
274 is with constant speed on a straight trajectory in space. The Twin Paradox
275 (Section 1.6) gives us an alternative description of free motion in an inertial
276 frame, namely the *Principle of Maximal Aging for flat spacetime*: A free stone
277 moves with respect to an inertial frame so that its wristwatch time between
278 initial and final events is a maximum.

How to generalize
to GR Principle of
Maximal Aging?

279 How do we generalize the special-relativity Principle of Maximal Aging in
280 order to predict the motion of a stone in curved spacetime? At the outset we
281 don't know the answer to this question, so we adopt a method similar to the
282 one we used for our trip from Amsterdam to Vladivostok: There we laid a
283 series of adjacent flat maps along the path (Figure 5) to create a map book or
284 atlas that displays all the maps intermediate between the two distant cities.
285 Then we determined the incremental separation along the straight segments of
286 path on each flat map; finally we summed these incremental separations to
287 reckon the total length of our journey.

288 Start the spacetime analog with the spacetime metric in flat
289 spacetime—equation (1.35):

$$d\tau^2 = dt_{\text{lab}}^2 - ds_{\text{lab}}^2 = dt_{\text{rocket}}^2 - ds_{\text{rocket}}^2 \quad (\text{flat spacetime}) \quad (6)$$

290 where dt_{lab} and ds_{lab} are the differential local frame time and space separations
291 respectively between an adjacent pair of events in a particular frame, and $d\tau$ is
292 the invariant (frame-independent) differential wristwatch time between them.

Use adjacent
inertial frames.

293 Next we recall Einstein's "happiest thought" (initial quote) and decide to
294 cover the stone's long worldline with a series of adjacent local inertial frames.
295 We need to stretch differentials in (6) to give us advances in wristwatch time
296 *that we can measure* between event-pairs along the worldline. (By definition,
297 nobody can measure directly the "vanishingly small" differentials of calculus.)
298 Around each pair of nearby events along a worldline we install a local inertial
299 frame. Write the metric for each local inertial frame to reflect the fact that
300 local spacetime is only approximately flat:

$$\Delta\tau^2 \approx \Delta t_{\text{inertial}}^2 - \Delta s_{\text{inertial}}^2 \quad (\text{"locally flat" spacetime}) \quad (7)$$

301 This approximation for the spacetime interval is analogous to the
302 approximate equations (1) and (4) for Latvia. Equation (7) extends rigorous
303 spacetime metric (6) to measurable quantities beyond the reach of differentials
304 but keeps each pair of events within a sufficiently small spacetime region so
305 that distortions due to spacetime curvature can be ignored as we carry out a
306 particular measurement or observation. We call such a finite region of
307 spacetime a **spacetime patch**. The effectively flat spacetime patch allows us
308 to extend metric (6) to a finite region in curved spacetime large enough to
309 accommodate local coordinate increments and local measurements. Equation
310 (7) employs these local increments, indicated by the symbol capital delta, Δ ,
311 to label a small but finite difference.

2-12 Chapter 2 The Bridge: Special Relativity to General Relativity

Spacetime patch

312 **DEFINITION 2. Spacetime patch**
 313 A **spacetime patch** is a region of spacetime large enough not to be limited
 314 to differentials but small enough so that curvature does not noticeably affect
 315 the outcome of a given measurement or observation on that patch.

316 **Comment 3. What do “large enough” and “small enough” mean?**
 317 Our definition of a patch describes its size using the phrases “large enough” and
 318 “small enough”. What do these phrases mean? Can we make them exact? Sure, but
 319 only when we apply them to a particular experiment. For every experiment, we can
 320 learn how to estimate a maximum local spatial size and a maximum local time lapse
 321 of the spacetime patch so that we will not detect effects of curvature on the results of
 322 our experiment. Until we choose a specific experiment, we cannot decide whether or
 323 not it takes place in a sufficiently small spacetime patch to escape effects of
 324 spacetime curvature.

Apply special relativity in local inertial frame.

325 Equation (7) implies that we have applied local inertial coordinates to the
 326 patch. We call the result a **local inertial frame**, and use special relativity to
 327 describe motion in it. In particular the expression for a stone’s
 328 energy—equation (28) in Section 1.7—is valid for this local frame:

$$\frac{E_{\text{inertial}}}{m} = \lim_{\Delta\tau \rightarrow 0} \frac{\Delta t_{\text{inertial}}}{\Delta\tau} = \frac{1}{(1 - v_{\text{inertial}}^2)^{1/2}} \quad (8)$$

329 Here v_{inertial} and E_{inertial} are the speed and energy of the stone, respectively,
 330 measured in the local inertial frame using the tools of special relativity. The
 331 *maximum* size of a local inertial frame will depend on the sensitivity of our
 332 current measurement to local curvature. However, the *minimum* size of this
 333 frame is entirely under our control. In equation (8) we go to the differential
 334 limit to describe the instantaneous speed of a stone.

335 We assert but do not prove that we can set up a local inertial
 336 frame—Einstein’s happiest thought—almost everywhere in the Universe. For
 337 more details on the spacetime patch and its coordinates, see Section 5.7.

Use adjoining (flat) spacetime patches.

338 Now we generalize the special relativistic Principle of Maximal Aging to
 339 the motion of a stone in curved spacetime. Applying the Principle of Maximal
 340 Aging to a single local inertial frame tells us nothing new; it just leads to the
 341 original prediction: motion along a straight worldline in an inertial frame—this
 342 time a local one. How do we determine the effect of spacetime *curvature*?
 343 Generalize as little as possible by using *two* adjoining flat patches.

344 **DEFINITION 3. Principle of Maximal Aging (Special and General Relativity)**

345 The Principle of Maximal Aging says that a free stone follows a worldline
 346 through spacetime (flat or curved) such that its wristwatch time (aging) is a
 347 maximum across every pair of adjoining spacetime patches.
 348

349 In Sections 1.7 and 1.8 we used the Principle of Maximal Aging to find
 350 expressions for the energy and the linear momentum, constants of motion of a
 351 free stone in flat spacetime. In Section 6.2, the Principle of Maximal Aging is

Section 2.5 Global spacetime metric in curved spacetime **2-13**

Two GR tools:
 1. spacetime metric
 2. Principle of Maximal Aging

352 central to finding an expression for the so-called *global energy*, a global
 353 constant of motion for the free stone near a black hole. Section 8.2 extends the
 354 use of the Principle of Maximal Aging to derive an expression for the so-called
 355 *global angular momentum*, a second constant of motion for a free stone near a
 356 black hole. (Near a center of attraction, linear momentum is not a constant of
 357 motion for a free stone, but angular momentum is.) Chapter 11 adapts the
 358 Principle to describe the global motion of the fastest particle in the Universe:
 359 the photon. **The spacetime metrics (global and local) and the**
 360 **Principle of Maximal Aging are the major tools we use to study**
 361 **general relativity.**

2.5 ■ GLOBAL SPACETIME METRIC IN CURVED SPACETIME

363 *Wristwatch time between a pair of nearby events anywhere in a large spacetime*
 364 *region*

Search for
 metric in global
 coordinates.

365 The cartographer laughed at us for fooling around with flat maps valid only
 366 over tiny portions of a curved surface in space. She displayed a metric (3)
 367 in global latitude and longitude coordinates, a *global space metric* that delivers
 368 the differential separation ds between two nearby stakes driven into the
 369 ground differentially close to one other anywhere on Earth's curved surface. Is
 370 there a corresponding *global spacetime metric* that delivers the differential
 371 wristwatch time $d\tau$ between adjacent events expressed in global spacetime
 372 coordinates for the curved spacetime region around, say, a black hole?

GR global metric
 delivers $d\tau$.

373 *Yes!* The global spacetime metric is the primary tool of general relativity.
 374 Instead of tracing a path from Amsterdam to Vladivostok across the curved
 375 surface of Earth, we want to trace the worldline of a stone through spacetime
 376 in the vicinity of a (non-spinning or spinning) Earth, neutron star, or black
 377 hole. To do this, we set up a convenient (for us) global spacetime coordinate
 378 system. We submit these coordinates plus the distribution of mass-energy
 379 (plus pressure, it turns out) to Einstein's general relativity equations.
 380 Einstein's equations return to us a global spacetime metric for our submitted
 381 coordinate system and distribution of mass-energy-pressure. This metric is the
 382 key tool that describes curved spacetime, just as the space metric in (3) was
 383 our key tool to describe a curved surface in space.

384 How do we use the global spacetime metric? Its inputs consist of global
 385 coordinate expressions and differential global coordinate separations—such as
 386 dt , dr , $d\phi$ —between an adjacent pair of events. The output of the spacetime
 387 metric is the differential wristwatch time $d\tau$ between these events. We then
 388 convert the global metric to a local one by stretching the differentials d to
 389 increments Δ , for example in (7), that track the wristwatch time of the stone
 390 as it moves across a local inertial frame. If the stone is free—that is, if its
 391 motion follows only the command of the local spacetime structure—then the
 392 Principle of Maximal Aging tells us that the stone moves so that its summed
 393 wristwatch time is maximum across every pair of adjoining spacetime patches
 394 along its worldline.

2-14 Chapter 2 The Bridge: Special Relativity to General Relativity

Use any global coordinate system whatsoever.

395 Does the black hole care what global coordinate system we use in deriving
 396 our global spacetime metric? Not at all! General relativity allows us to use *any*
 397 *global coordinate system whatsoever*, subject only to some requirements of
 398 smoothness and uniqueness (Section 5.8). The metric for every alternative
 399 global coordinate system predicts the same value for the wristwatch time
 400 summed along the stone’s worldline. We have (almost) complete freedom to
 401 choose our global coordinate system.

Contents of GR global metric

402 What does one of these global spacetime metrics around a black hole look
 403 like? On the left will be the squared differential of the wristwatch time $d\tau^2$. On
 404 the right is an expression that depends on the mass-energy-pressure of the
 405 center of attraction, on its spin if it is rotating, and on differentials of the
 406 global coordinates between adjacent events. Moreover, by analogy to equation
 407 (3) and Figure 7, the spacetime separation between adjacent events can also
 408 depend on their location, so we expect global coordinates to appear on the
 409 right side of the global spacetime metric as well. For a black hole, the result is
 410 a global spacetime metric with the general form:

$$d\tau^2 = \text{Function of } \left\{ \begin{array}{l} 1. \text{ central mass/energy/pressure,} \\ 2. \text{ spin, if any,} \\ 3. \text{ global coordinate location,} \\ 4. \text{ differentials of} \\ \text{ global coordinates} \end{array} \right\} \text{ (black hole metric (9))}$$

Curvature requires use of differentials in the metric.

411 Why do differentials appear in equation (9)? Think of the analogy to a
 412 spatial surface. On a (flat) Euclidean plane we are not limited to differentials,
 413 but can use total separations: the Pythagorean theorem is usually written
 414 $a^2 + b^2 = c^2$. However, on a curved surface such as that of a potato, this
 415 formula is not valid globally. The Pythagorean theorem, when applied to
 416 Earth’s surface, is true only locally, in its approximate incremental form (1)
 417 and (2). Metrics in curved spacetime are similarly limited to differentials.
 418 However, we will repeatedly use transformations from global coordinates to
 419 local coordinates—similar to the global-to-flat-map transformation of
 420 equations (5)—to provide a comfortable local inertial frame metric (7) in
 421 which to make measurements and observations and to analyze results with
 422 special relativity.

Different metrics for the same and different spacetimes

423 Chapter 3, Curving, introduces one global spacetime metric, the
 424 Schwarzschild metric of the form (9) in the vicinity of the simplest black hole,
 425 a black hole with mass but no spin. Study of the Schwarzschild metric reveals
 426 many central concepts of general relativity, such as stretching of space and
 427 warping of time. Chapter 7, Inside the Black Hole, displays a *different* global
 428 metric for the *same* nonrotating black hole. Chapters 17 through 21 use a
 429 metric of the form (9) for a spinning black hole. Metrics with forms different
 430 from (9) describe gravitational waves (Chapter 16), and the expanding
 431 Universe (Chapters 14 and 15). In each case we apply the Principle of
 432 Maximal Aging to predict the motion of a stone or photon—and for the
 433 expanding universe the motion of a galaxy—in the region of curved spacetime
 434 under study.

Section 2.6 The Difference between Space and Spacetime **2-15**

Complete description of spacetime

435 The global coordinate system plus the global metric, taken together,
 436 provide a *complete* description of the spacetime region to which they apply,
 437 such as around a black hole. (Strictly speaking, the global coordinate system
 438 must include information about the range of each coordinate, a range that
 439 describes its “connectedness”—technical name, its *topology*.)

2.6 ■ THE DIFFERENCE BETWEEN SPACE AND SPACETIME

Minus sign in metric implies cause and effect.

441 *Cause and effect are central to science.*

442 The formal difference between *space* metrics such as (1) and (3) and *spacetime*
 443 metrics such as (6) and (7) is the negative sign in the spacetime metric between
 444 the space part and the time part. This negative sign establishes a fundamental
 445 relation between events in spacetime geometry: that of a possible *cause and*
 446 *effect*. Cause and effect are meaningless in space geometry; geometric
 447 structures are timeless (a feature that delighted the ancient Greeks). No one
 448 says, “The northern hemisphere of Earth caused its southern hemisphere.” In
 449 spacetime, however, one event can *cause* some other event. (We already know
 450 from Chapter 1 that for some event-pairs, one event *cannot* cause the other.)

451 How is causation (or its impossibility) implied by the minus sign in the
 452 spacetime metric? See this most simply in the interval equation for flat
 453 spacetime with one space dimension:

$$\tau^2 = t_{\text{lab}}^2 - x_{\text{lab}}^2 = t_{\text{rocket}}^2 - x_{\text{rocket}}^2 \quad (\text{flat spacetime}) \quad (10)$$

Light cones partition spacetime.

454 Figure 8 shows the consequences of this minus sign for events in the past and
 455 future of selected Event A. The relations between coordinates of the same
 456 event on the two diagrams are calculated using the Lorentz transformation
 457 (Section 1.10). The left panel in Figure 8 shows the laboratory spacetime
 458 diagram. Light flashes that converge on or are emitted from Event A trace out
 459 past and future *light cones*. These light cones provide boundaries for events in
 460 the past that can influence A and events in the future that A can influence.
 461 For example, thin lines that converge on Event A from events B, C, and D in
 462 its past could be worldlines of stones projected from these earlier events, any
 463 one of which could cause Event A. Similarly, thin lines diverging from A and
 464 passing through events E, F, and G in its future could be worldlines of stones
 465 projected from Event A that cause these later events.

Cause and effect are preserved.

466 The right panel of Figure 8 shows the rocket spacetime diagram, which
 467 displays the same events plotted in the left side laboratory diagram. The key
 468 idea illustrated in Figure 8 is that the worldline of a stone projected, for
 469 example, from Event A to event G in the laboratory spacetime diagram is
 470 transcribed as the worldline of the same stone projected from A to G
 471 (although with a different speed) in the rocket diagram. If this stone projected
 472 from A *causes* event G in one frame, then it will cause event G in both
 473 frames—and indeed in all possible inertial frames that surround Event A.
 474 *More:* As the laboratory observer clocks a stone to move with a speed less
 475 than that of light in the laboratory frame, the rocket observer also clocks the

2-16 Chapter 2 The Bridge: Special Relativity to General Relativity

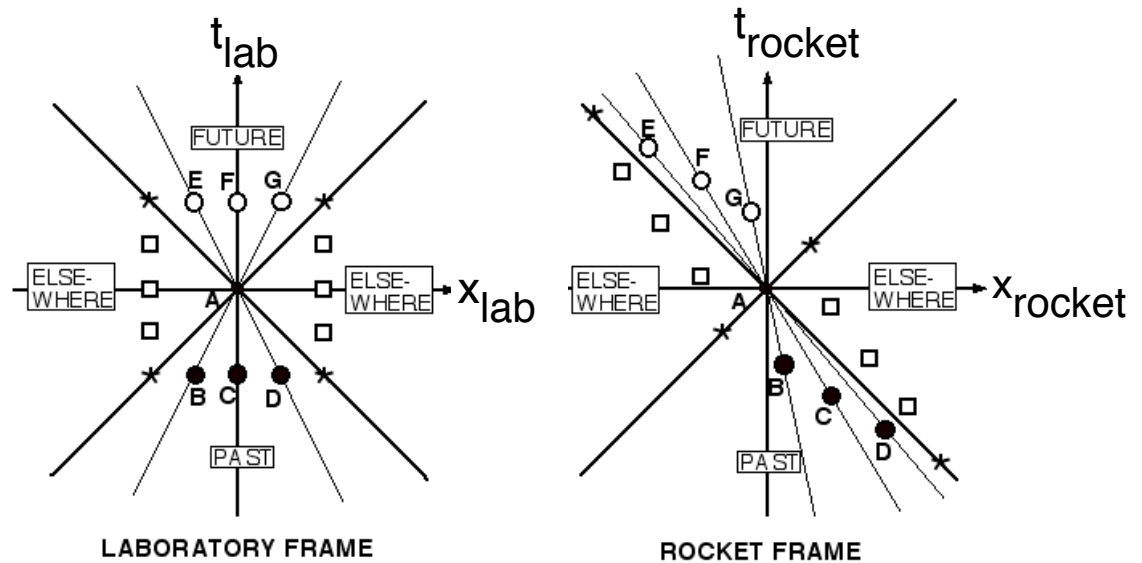


FIGURE 8 Preservation of cause and effect in special relativity. The laboratory spacetime diagram is on the left, an unpowered rocket spacetime diagram is on the right. Both diagrams plot a central Event A, and other events that may or may not cause A or be caused by A. Heavy diagonal lines are worldlines for light flashes that pass through Event A and form light cones that partition spacetime into PAST, FUTURE, and ELSEWHERE with respect to Event A. Little black-filled circles in the past of A plot events that can cause Event A in both frames. Little open circles in the future of A plot events that Event A can cause in both frames or in any other overlapping inertial frame. Little open squares plot events that cannot cause Event A and that cannot be caused by Event A in these frames or in any other inertial frame. Every ELSEWHERE event has a *spacelike* relation to Event A (Section 1.3).

476 stone to move with a speed less than that of light in the rocket frame. *Still*
 477 *more*: Events B, C, and D in the past of Event A in the laboratory frame
 478 remain in the past of Event A in the rocket frame; cause and effect can never
 479 be reversed! The spacetime interval (10) guarantees all these results and
 480 preserves cause-and-effect relationships in every physical process.

481 In contrast, events shown as little open boxes in the regions labeled
 482 ELSEWHERE in laboratory and rocket spacetime diagrams can neither cause
 483 Event A nor be caused by Event A. Why not? Because a worldline between
 484 any little box and Event A in the laboratory frame would have a slope of
 485 magnitude less than one, so a speed (the inverse of slope) greater than that of
 486 light, a speed forbidden to stone or light flash. *More*: These worldlines
 487 represent faster-than-light speed in every rocket frame as well.

488 No event in the regions marked ELSEWHERE can have a cause-and-effect
 489 relation with selected Event A when observed in any overlapping free-fall frame
 490 whatsoever. In this case the *impossibility* of cause and effect is guaranteed by
 491 the spacetime interval, which becomes spacelike between these two events:
 492 equation (10) becomes $\sigma^2 = s_{\text{frame}}^2 - t_{\text{frame}}^2$ for any overlapping frame.

Impossibility of
 cause and effect
 is also preserved.

Section 2.7 Dialog: Goodbye “Distance.” Goodbye “Time.” 2-17

493 **Comment 4. Before or after?**

494 Note that some events in the ELSEWHERE region that occur *before* Event A in the
 495 laboratory frame occur *after* Event A in the rocket frame and *vice versa*. Does this
 496 destroy cause and effect? No, because none of these events can either cause Event
 497 A or be caused by Event A. Nature squeezes out of every contradiction!

Invariant
 wristwatch
 time

498 Figure 8 shows that time separation between event A and any event in its
 499 past or future light cone is typically different when measured in the two
 500 inertial frames, $\Delta t_{\text{rocket}} \neq \Delta t_{\text{lab}}$, as is their space separation,
 501 $\Delta x_{\text{rocket}} \neq \Delta x_{\text{lab}}$. But equation (10) assures us that the stone’s wristwatch
 502 time $\Delta\tau$ along the straight worldline between any of these events and A has
 503 the same value for the observers in any overlapping inertial frame.

Spacetime metric:
 the guardian of
 cause and effect

504 **TWO-SENTENCE SUMMARY**

505 *The space metric—with its plus sign—is guardian of the invariant separation*
 506 *in space.*

507 *The spacetime metric—with its minus sign—is guardian of the invariant*
 508 *interval (cause and effect) in spacetime.*

509 It gets even better: Figure 5 in Section 1.6 and the text that goes with it
 510 already tell us that the minus sign in the spacetime metric is the source of the
 511 Principle of Maximal Aging: in an inertial frame the straight worldline (which
 512 a free stone follows) is the one with *maximal* wristwatch time.

2.7.3 ■ **DIALOG: GOODBYE “DISTANCE.” GOODBYE “TIME.”**

514 *Throw distance alone and time alone out of general relativity!*

515 *Reader:* You make a big deal about using events to describe everything and
 516 using your mighty metric to connect these events. So what does the metric tell
 517 us about the *distance* between two events in curved spacetime?

518 *Authors:* *The metric, by itself, tells us nothing whatsoever about the*
 519 *distance between two events.*

520 Are you kidding? If general relativity cannot tell me the distance between two
 521 events, what use is it?

522 *The word “distance” by itself does not belong in a book on general*
 523 *relativity.*

524 You must be mad! Your later chapters include Expanding Universe and
 525 Cosmology, which surely describe distances. Now and then the news tells us
 526 about a more precise measurement of the time back to the Big Bang.

527 *The word “time” by itself does not belong in a book on general*
 528 *relativity.*

2-18 Chapter 2 The Bridge: Special Relativity to General Relativity

529 How can you possibly exclude “distance” and “time” from general relativity?

530 *Herman Minkowski predicted this exclusion in 1908, as Einstein*
 531 *started his seven-year trudge from special to general relativity.*
 532 *Minkowski declared, “Henceforth space by itself and time by itself are*
 533 *doomed to fade away into mere shadows, and only a kind of union of*
 534 *the two will preserve an independent reality.”*

535 So Minkowski saw this coming.

536 *Yes. We replace Minkowski’s word “space” with the more precise word*
 537 *“distance.” And get rid of his “doomed to fade” prediction, which has*
 538 *already taken place. Then Minkowski’s up-dated statement reads,*
 539 *“DISTANCE BY ITSELF AND TIME BY ITSELF ARE DEAD!*
 540 *LONG LIVE SPACETIME!”*

541 Spare me your dramatics. Do you mean to say that nowhere in describing
 542 general relativity do you write “the distance between these two events is 16
 543 meters” or “the time between these two events is six years”?

544 *Not unless we make a mistake.*

545 So if I catch you using either one of these words—“distance” or “time”—I can
 546 shout, “Gottcha!”

547 *Sure, if either word stands alone. Our book does talk about different*
 548 *kinds of distance and different kinds of time, but we try never to use*
 549 *either word by itself. Instead, we must always put a label on either*
 550 *word, even in the metric description of event separation.*

551 Okay Dude, what are the labels for a pair of events described by the metric
 552 itself?

553 *Differential or adjacent.*

554 Aha, now we’re getting somewhere. What do “differential” and “adjacent”
 555 mean?

556 *“Differential” refers to the zero-limit calculus separation between*
 557 *events used in a metric, such as metric (6) for flat spacetime or metric*
 558 *(9) for curved spacetime. “Adjacent” means the same, but we also use*
 559 *it more loosely to label the separation between events described by a*
 560 *local approximate metric, such as (7).*

561 Please give examples of “differential” separations between events in a metric.

562 *Only three possible kinds of separation: (1) Differential **spacelike***
 563 *separation $d\sigma$. (2) Differential **timelike** separation $d\tau$. And of course*
 564 *(3) differential **lightlike**—“null”—separation $d\sigma = d\tau = 0$.*

Section 2.7 Dialog: Goodbye “Distance.” Goodbye “Time.” 2-19

565 But each of those is on the left side of the metric. What about coordinates on
566 the right side of the metric?

567 *You get to choose those coordinates yourself, so they have no direct*
568 *connection to any physical measurement or observation.*

569 You mean I can choose any coordinate system I want for the right side of the
570 metric?

571 *Almost. When you submit your set of global coordinates to Einstein’s*
572 *equations—for example when Schwarzschild submitted his black-hole*
573 *global coordinates—Einstein’s equations send back the metric. There*
574 *are also a couple of simple requirements of coordinate uniqueness and*
575 *smoothness (Section 5.8).*

576 What other labels do you put on “distance” and “time” to make them
577 acceptable in general relativity?

578 *One is “wristwatch time” between events that can be widely separated*
579 *along—and therefore connected by—a stone’s worldline. Also we will*
580 *still allow measured coordinate differences $\Delta x_{\text{inertial}}$ and $\Delta t_{\text{inertial}}$ in a*
581 *given local inertial frame, equation (7)—even though a purist will*
582 *rightly criticize us because, even in special relativity, coordinate*
583 *separations between events are different in rocket and laboratory*
584 *frames.*

585 Tell me about Einstein’s equations, since they are so almighty important.

586 *Spacetime squirms in ways that neither a vector nor a simple calculus*
587 *expression can describe. Einstein’s equations describe this squirming*
588 *with an advanced mathematical tool called a **tensor**. (There are other*
589 *mathematical tools that do the same thing.) After all the fuss, however,*
590 *Einstein’s equations deliver back a metric expressed in simple calculus;*
591 *in this book we pass up Einstein’s equations (until Chapter 22) and*
592 *choose to start with the global metric.*

593 Okay, back to work: What meaning can you give to the phrase “the distance
594 between two far-apart events,” for example: *Event Number One*: The star
595 emits a flash of light. *Event Number Two*: That flash hits the detector in my
596 telescope.

597 *Your statement tells us that the worldline of the light flash connects*
598 *Event One and Event Two. On the way, this worldline may pass close*
599 *to another star or galaxy and be deflected. The Universe expands a bit*
600 *during this transit. Interstellar dust absorbs light of some frequencies,*
601 *and also*

602 Stop, stop! I do not want all that distraction. Just direct that lightlike
603 worldline through an interstellar vacuum and into my telescope.

2-20 Chapter 2 The Bridge: Special Relativity to General Relativity

604 *Okay, but those features of the Universe—intermediate stars,*
605 *expansion, dust—will not go away. Do you see what you are doing?*

606 No, what?

607 *You are making a **model**—some would call it a Toy Model—that uses*
608 *a “clean” metric to describe the separation between you and that star.*
609 *What you call “distance” springs from that model. Later you may add*
610 *analysis of deflection, expansion, and dust to your model. Your final*
611 *derived “distance” is a child of the final model and should be so labeled.*

612 To Hell with models! I want to know the Truth about the Universe.

613 *Good luck with that! See the star over there? Observationally we know*
614 *exactly three things about that star’s location: (1) its apparent angle in*
615 *the sky relative to other stars, (2) the redshift of its light, and (3) that*
616 *its light follows a lightlike worldline to us. What do these observations*
617 *tell us about that star? To answer this question, we must build a model*
618 *of the cosmos, including—with Einstein’s help—a metric that describes*
619 *how spacetime develops. Our model not only converts redshift to a*
620 *calculated model-distance—note the label “model”—but also predicts*
621 *the deflection of light that skims past an intermediate galaxy on its way*
622 *to us, and so forth.*

623 What’s the bottom line of this whole discussion?

624 *The bottom line is that everyday ideas about the apparently simple*
625 *words “distance” and “time” by themselves are fatally misleading in*
626 *general relativity. Global coordinates connect local inertial frames, each*
627 *of which we use to report all our measurements. We may give a remote*
628 *galaxy the global radial coordinate $r = 10$ billion light years (with you,*
629 *the observer, at radial coordinate $r = 0$), but that coordinate difference*
630 *is not a distance.*

631 Wait! Isn’t that galaxy’s distance from us 10 billion light years?

632 *No! We did not say distance; we gave its global r -coordinate.*
633 *Remember, coordinates are arbitrary. Never, ever, confuse a simple*
634 *coordinate difference between events with “the distance” (or “the*
635 *time”) between them. If you decide to apply some model to coordinate*
636 *separations, always tell us what that model is and label the resulting*
637 *separations accordingly. Again, “distance” by itself and “time” by itself*
638 *have no place in general relativity.*

639 Okay, but I want to get on with learning general relativity. Are you going to
640 bug me all the time with your picky distinctions between various kinds of
641 “distances” and various kinds of “times” between events?

642 *No. The topic will come up only when there is danger of*
643 *misunderstanding.*

2.8. ■ REFERENCES

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